

in touch

G R E A T E R K I L L E E N F R E E C L I N I C

FALL 2016

In Touch is a regularly published newsletter produced for the staff and friends of



718 N 2nd Street,
Suite A
Killeen, TX 76541
254-618-4211
Serving Bell, Coryell and
Lampasas Counties
www.gkfclinic.org

**The Clinic will be
closed
November 23 – 27, 2016**

**December 19, 2016 –
January 2, 2017**

**HAVE A VERY MERRY
CHRISTMAS AND A
HAPPY NEW YEAR!**

VOLUNTEER PROFILE – MELINDA ARRIOLA

Melinda Arriola arrives at the Friends In Crisis Shelter twice a week, preparing the clinic for its homeless patients. The female patients look to her as a mother figure, and she always has a listening ear.

Melinda is an “Air Force brat”, traveling the world as a child. She met her husband, Adrian, in San Antonio, and moved to Central Texas, falling in love with it, raising her three children here. She has worked 40 years in the healthcare field as an RN/EKG technician. She has worked with substance abuse and behavioral health populations for many years.

Melinda has been a volunteer all her life, serving as a Big Sister, helping out in whatever community her family resided. “If I bring



ease to their lives, I’ve done my job.”

Melinda is a Master Gardener, and enjoys making jewelry and crafting.

The Free Clinic and Friends In Crisis are blessed to have Melinda as a volunteer.

COMMUNITY HEALTH COALITION

The Greater Killeen Free Clinic has embarked on a new endeavor to establish a community health coalition, addressing not only mental and physical health, but other factors that impact on the health of the community as a whole. We want to thank the United Way of the Greater Fort Hood Area for funding the first year of our VISTA contract, the Texas Association of Charitable Clinics and VISTA for approving a three year VISTA position dedicated to health promotion, the Episcopal Health Foundation for its technical assistance, and the Central Texas College ENACTUS for its project to build an application to access information about community health related classes and events. With these partners and others, we will begin a major emphasis on this work in 2017.

PATIENT TESTIMONIAL

"I am so grateful to the GKFC for being here to help me receive health care that is needed- but due to circumstances beyond control I am unable to provide for myself. Without these preventative test healthcare cost would be out of reach. Thanks to the doctors, P.A.'s, Hospitals and clinic for their participation in these programs and my life." Sylvia T.

LUNCH N' LEARN

Please join us the first Thursday of each month for a free lunch, door prizes, and a health related program.

Lunch is at the Killeen Arts and Activities Center, 802 N 2nd Street, from 12 noon – 1 pm. Programs will resume in February 2017.

Feb 2

"Spirituality & Health"

Seton Harker Heights Chaplain will help us explore the hidden dimension of health.

Mar 2 **"Go 4 30"**

Jackie from Agrillife is back educating us on exercise and healthy living.

Apr 6

"Good Snacks & Bad"

TAMU-CT Chemistry Students have done the research and will reveal the truth about some of those healthy snacks we are consuming.

COMING IN JUN/AUG/
SEP/OCT 2017:

The Taste of African Heritage Cooking Series

<http://oldwayspt.org/system/files/atoms/files/ATOAH2015.pdf>

VOLUNTEER / BOARD / STAFF NEWS

Farewell to:

Michael Anderson, P.A.—Mike has been accepted into a gerontology program and will be leaving us in December. He has worked at the satellite clinic at Friends In Crisis since it began operating in June. We will miss him!

Pat Teasley—Pat has served as a volunteer in the capacity of triage nurse in our Tuesday morning clinic for over four years. Many thanks for your faithful service.

Welcome to:

Doris Parker, Development Director—hired under the capacity building grant received from Episcopal Health Foundation.

Costa Ndayisabye—VISTA employee; first employee in a three year VISTA position dedicated to health promotion.

Johnica Jackson-Stoneburner—undergraduate social work intern, TAMU-CT.

Melinda Arriola—RN volunteer who is the charge nurse of the clinic at Friends In Crisis homeless shelter.

Rachel Coleman—part-time employee doing data entry.

Kathryn Abilez —volunteer with the Prescription Assistance Program.

Chun Chang—CMA volunteering with acute care.

Shelia Hughes —RN volunteering with acute care.

VOLUNTEER NEEDS

We are in need of volunteer support in the following areas:

- Medication Room – inputting medications into the spreadsheet and stocking shelves. Days and shifts available: Tuesday, Wednesday, Thursday, 9 am – 12 noon; 1 – 4 pm.

- Reception – assisting paid staff in routine clerical duties such as answering the telephone; providing information to walk ins; checking in patients for their appointments. Days and shifts available: Monday and Thursday, 9 am – 12 noon; 1 – 4 pm; 4 – 7 pm. Wednesday, 9 am – 12 noon; 1 – 4 pm.

- Eligibility Screening – reviewing patient information forms and assisting patient with income forms. Days and shifts available: Monday and Thursday, 4 – 7 pm.

in touch

CONTRIBUTIONS/GRANTS/ GRANT PAYMENTS (May – October 2016)

Boys and Girls Club of Central Texas
(charitable bingo)
Community Development Block Grant
HEB
Greater Fort Hood United Way
The Frank W. and Sue Mayborn
Foundation
Pam Craig
LTG (R) Pete Taylor
Debbie Farley
Kay Carey
1st National Bank
Lenna Barr
Subhani Foundation
Carla Wright
St. Paul Chong Hasang Catholic Church
Bill and Mary Kliewer
Denise Dasse
Ed and Candy Mullen
Lucas and Chelsea Loafman
Americares

Metroplex Health System
Immanuel Lutheran Church
Harker Heights Lions Club
Ladies of Charity
Curt Gaines
Mickey's Enterprises
Exit Homevets Realty
Monteith Abstract and Title Company
First National Bank Texas
Rotary Club of Killeen
Kidz Therapeze
Scott and Clare Kroeger
Mike and Caryn Summers
Brittany Williams
John and Lillian Blankenship
S.D. & J.L. Ferrell
Gene and Pat Hunter
Curtis Bay & Family of Cleo Bay
Dr. Shyamala Nair
James Bondi

*thank you for
your support!*

MANY THANKS TO:

Each newsletter we highlight some of our in-kind partners:

- Metroplex Health System for underwriting the cost of the Free Clinic ad in the 2016 Central Texas Newcomers Guide.
- Zip Cleaners for cleaning our rugs.
- Killeen Noon Lions for underwriting the optometry costs (exams and glasses).

ELEVENTUROUS ESCAPES

It was fun, with fabulous food & ferocious bidding. Many thanks to those who donated packages, services and auction items, and those who made purchases. A special thanks to our sponsors:

Presenting:
Patriot Buick GMC
Five Star:
The Yowell Family
Four Star:
Charles & Lynda Hollinger
Three Star:
Jim and Carla Wright

Subhani Foundation
Marlene DiLillo
LTG (R) Pete Taylor

We look forward to next year's event, with more opportunities to get away!

FRANCES ANN IDOUX

We are deeply saddened at the death of long term board member Frances Idoux. When I think of Frances, I think of a colorful butterfly that flits from flower to flower, pollinating the plant and making it bloom beautifully. Frances touched so many lives by giving of herself in many ways. She was passionate about oral health and was an active participant on the Clinic's dental committee. We will miss her muffins on our annual dental day. She loved children, and contributed greatly to Altrusa of Central Texas's literacy projects. She was a master gardener, and imparted her knowledge about living things, volunteering for various gardening projects. Frances had a great laugh, a love of learning, and she loved her family!



718 N 2nd Street,
Suite A
Killeen, TX 76541
254.618.4211

*thank you for
your support!*

NONPROFIT ORG.
US POSTAGE PAID
KILLEEN, TX
PERMIT NO. 219

www.gkfclinic.org

I WOULD LIKE TO HELP SUPPORT GREATER KILLEEN FREE CLINIC

Here is my tax deductible contribution

\$100 \$250 \$500 \$1000 \$ Other

Name

Address

Phone

Email

Memorials Honorariums

Honoree Name

Person(s) to
be notified

Address

The Greater Killeen Free Clinic is a non-profit, 501c3, United Way Agency (CFC 77482).

Your contribution is tax deductible. Please mail or drop off at clinic

718 N 2nd Street Suite A • Killeen, TX 76541 • 254.618.4211 • www.gkfclinic.org

THANK YOU!

Another Year is Almost Over...2016 has been another busy year here at the Greater Killeen Free Clinic. Without the support of the local hospitals, other community partners, and our donors, we could not take care of those in medical need. We serve as a safety net, helping those who have no other medical resources. Thank you, all of you, for your support, AND please remember us in your year-end giving!

**SAVE A STAMP!
MAKE A DONATION TO THE FREE CLINIC ON OUR WEBSITE
www.gkfclinic.org**

